

Dance Camps

Monday through Friday 9:00a.m. to Noon

See front page for Dates and Ages.

30 min. Early Drop-off/Late Pick-Up Available for an additional \$10 per day.

REGISTER RIGHT AWAY – CAMPS FILL QUICKLY!

Our dance camps are a great summer activity! If your child loves to dance, and you are looking for a positive and entertaining way to occupy your child's time this summer, then here's the thing for you!

Each camp is unique, and offers a variety of dance instruction styles with an age-appropriate amount of technique-- all inspired by a fun theme that changes every week. Each day, students will be provided a craft activity. Friday's class will culminate in a short performance for family and friends (depending on current city COVID guidelines, show may be "virtual"). Camp instructors include a mix of CDT staff. Please pack a light snack daily.

PREPARE 2 PERFORM Intensive

Ages 11-18 years, Monday through Friday 6:00-8:00p.m., August 23 - 27

This one week intensive (10 hours total) will focus on improving technique and performance qualities. Students who attend will learn a choreographed piece to be performed at CDT's December Winter Showcase. Don't miss this exciting opportunity! Each day will feature a different CDT instructor and style of dance.

Dress Code

Attire

Girls

Ballet and Pointe: Leotard (any color/style), pink/skin-colored tights, skirt or shorts (optional)

"Pop" Hop and Hip Hop: Sportswear or active wear

All Other Classes: Leotard (any color/style), tights, skirt or shorts (optional), active or sportswear

Boys

Creative Ballet, "Pop" Hop, and Hip Hop: Sportswear or active wear

Ballet/Jazz: Black pants, fitted shirt

Shoes

Ballet: Ballet shoes (pink/skin-colored for girls, black/ skin-colored for boys)

Creative Ballet: Ballet shoes (pink/skin-colored for girls, black/skin-colored for boys) or bare feet

Pointe: Pink/skin-colored pointe shoes (ask instructor for purchasing guidelines)

Jazz: Black jazz shoes (lace up or slip on)

Tap: Black tap shoes

"Pop" Hop and Hip Hop: Athletic style sneakers with tread on the bottom

Studio Rules

Hair must be secured off of the face in a ponytail, headband, or bun. No unnatural hair color at performances. No chewing gum. No dangling jewelry. No sandals. Crocs. TOMS. UGG-style boots. No denim, restrictive or overly baggy clothes. No bare midriffs. No bra tops. No booty shorts without tights. **Students should bring a water bottle to every class.** Students may not bring energy drinks into the studio (i.e. Red Bull, Monster, Rockstar, energy shots). Cell phones must be turned **off** during class.

* Dance attire and shoes can be purchased at Discount Dance Supply 5020 Baltimore Dr. Suite C, La Mesa, CA 91942. Our studio code is TP31429.

Class Descriptions

BALLET

This class will expose dancers to a classic art form without requiring them to attend Ballet classes several times a week. It will include barre, floor, vocabulary, and choreography. The technique, confidence, and grace dancers develop will be a compliment to all styles of dance.

CONTEMPORARY

This class will combine elements of Ballet, Modern, Lyrical, Jazz, and Improv. Contemporary is an expressive style of dance. The dancers will learn to tell stories and interpret emotions and ideas through technical and fluid movement.

CREATIVE BALLET

This developmental class will provide a solid dance foundation while allowing children to experience many types of movement, music, and props. The fun themes and stories used in class will allow dancers the opportunity to explore their own creativity.

DANCE 'n PLAY

Young dancers explore movement with parents and peers while enjoying activities and props set to fun music. A great way to introduce young children to dance and social learning.

HIP HOP

Hip Hop is a street-originated style of dance. Students will be kept up-to-date on the latest moves and music trends as seen in popular music videos and movies. This class is perfect for high-energy dancers who like to get funky.

JAZZ

Jazz dance emphasizes a rhythmic awareness. Includes technique, stretching, strengthening and combinations. *Contemporary Jazz places an emphasis on conveying a story or emotional connection.

MODERN

Modern dance began in the early 20th century as a reaction to classical Ballet and focuses on the expression of emotion through core and upper bodywork, improvisation, and floor work. Students will learn vocabulary, floor work, and choreography.

PARENT & CHILD HIP HOP

This promises to be a memorable, bonding experience for a parent and child! Come enjoy time together while learning Hip Hop choreography and getting a fun workout!

POINTE

This class will help dancers develop the required strength, alignment, and technique to dance en pointe at the barre and on the floor.

"POP" HOP

This exciting class is an age-appropriate version of hip hop for younger dancers. "Pop" Hop will use today's pop songs and moves, creating a fun way for our young dancers to get funky! It will also include cardio, circuits, and strength training moves.

TAP

Tap is a true American art form. While combining classic dance steps with rhythmic syncopation, students will develop a sharper sense of rhythm and coordination. Tap dancers will enjoy memorizing fun combinations and making "music" with their own feet!

YODA FOR KIDS

Jill Rigby is a pediatric occupational therapist and yoga instructor for kids, and her yoga teaching style is influenced by her OT background. Each class will have a general theme, with occasional craft activities supporting that theme to allow the kids to take something home that will remind them of the yoga poses they learn each day.

Summer 2021 Safety Guidelines (Important—Please read carefully.)

We are excited that we can continue dance classes this Summer, and we hope that you are too! Please carefully read the list below to see the precautions we will be taking in effort to prevent the spread of COVID-19.

Sanitizing: We are staggering class start times to allow a 15-minute space for sanitizing of touched surfaces (barres, floor, doors, chairs, bathroom) between classes.

Smaller Group Sizes: Class size limits subject to change based on SD City Guidelines for Youth Activities/Sports.

Closed Observation: According to CDC guidelines and in order to limit the amount of people in the studio, we will be closing our studio to open observation for the time being. There will be no parents or guardians allowed in the studio during class time (parent participation classes exempt). Parents, please bring your student to the entrance door on the right side when dropping off. You must be wearing a mask at drop-off.

Check-In: The Assistant Teacher will greet each dancer at the entrance door, take attendance, provide hand sanitizer (students may also bring their own hand sanitizer or wash hands in bathroom), and quickly check temperature with a no-touch scanner thermometer. If the student's temperature is 100 degrees Fahrenheit or above, they will be asked to not return for 72 hours with no fever (without medication). If your child has been sick or symptomatic within the last 24 hours, do not bring them to class.

Masks: Masks are required for all dancers, to keep everyone as safe as possible. All CDT teachers will be wearing masks during class time. All adults must wear masks during drop-off. Mask “breaks” will be given to students when needed along as long as social distancing is observed. As of Summer 2021, students in “Dance and Play” class ONLY will be exempt from the mask rule (ages 18 months - 3 yrs).

Social Distancing: We will be doing our best to keep dancers separate by marking spots on the You Can Fly wall and floor, avoiding prop sharing, not touching hands, and marking out 6 feet of space on the Ballet barres. Keep in mind that this will be a bigger challenge with the younger students, who often do not understand how to socially distance.

Air Circulation: We will be keeping the studio doors open at all times and have all fans running constantly.

Water: Please have your student bring a labeled water bottle for class. We will no longer be providing water cups.

Understand that by sending your child to any camp or class at CDT may mean they may come into close proximity to someone who has previously been exposed to Covid-19, just as in any other public setting. We cannot assume responsibility for this. Should someone at CDT be diagnosed with Covid-19, we will have a procedure in place to contact all families and decontaminate the studio. Should your child become ill or develop symptoms during class time, we will contact the parent for immediate pickup and all other families will be notified.

*Please note that these guidelines are based on CDC guidelines and are subject to change. Thank you for your understanding and patience as we work through this time together.

----- CREATIVE DANCE THEATRE -----

4027 Avati Drive, San Diego, California 92117 • Phone (858) 270-1361
www.creativedancetheatre.com • Erika Madero, Director

INTERNET WAIVER

YES, I give permission for my child's photograph to be used on Creative Dance Theatre's website. No student names will be included with the photos.

NO, CDT may not use my child's photograph on the website.

Student/s Full Name/s: _____

Parent's Full Name: _____

Parent's Signature: _____ Date: ____/____/____

REGISTRATION FORM

To register for summer classes, please complete this form, include full payment, and drop off or mail to: **CDT 4027 Avati Dr, San Diego, CA 92117**, or email to **studio@cdt.dance**. PayPal is available on our website (creativedancetheatre.com).

Pre-registration is preferred; please submit form by **June 26th**. If registering after June 26th, please email for class availability. All classes are on a first come/first served basis with a minimum of 5 dancers. Maximum enrollment for dance camps is 12—they fill quickly, so register ASAP! Adult registration is exempt from the deadline.

TUITION: \$75 for 30-minute class, \$100 for 45-minute class, \$155 for 1 week of Dance Camp, and \$125 for PREPARE 2 PERFORM Intensive. Tuition is due at time of registration. No multi-class or family discounts are given during the summer session.

There will be NO REFUNDS if you cancel your camp or class registration. NO EXCEPTIONS!

We can credit your account (less \$25 non-refundable deposit) if you cancel prior to June 30, 2021.

Registration Fee is waived for returning 2021 families who register and pay by June 26th.

*** Please print neatly. ***

STUDENT NAME _____

PARENT NAME _____

ADDRESS _____

CITY _____ ZIP _____

PHONE (preferred number): _____ (cell/work/landline)

TEXT? YES ___ NO ___

EMERGENCY NAME/PHONE # _____

PARENT'S E-MAIL ADDRESS: _____

STUDENT'S AGE BY 07/01/21 _____ STUDENT'S BIRTHDATE ____/____/____

DANCE CLASS DAY, TIME, & TITLE: _____

CAMP # _____ Early Pickup/Drop-Off Days (circle) M Tu W Th F Teen Intensive? NO ___ YES ___

ALLERGIES? NO ___ YES ___ (please list allergies/any medical conditions we should be aware of) _____

7-Week Session Total	\$ _____
Dance Camp/ Teen Intensive Total	\$ _____
Plus Registration Fee	\$ <u>25.00</u>
Total Amount Due	\$ _____

I have read carefully and agree to the **TERMS OF REGISTRATION** and the **SAFETY GUIDELINES SHEET**. I understand that CDT offers no refunds. If dropping off, I will arrive to pick my child up no later than class dismissal time.

Parent Signature _____ Date: ____/____/____

Release and Waiver of Liability and Indemnity Agreement (Read Carefully Before Signing)

In consideration of being permitted to participate in any way in the Dance Program indicated below and/or being permitted to enter for any purpose any restricted area (here in defined as any area where in admittance to the general public is prohibited), the parent(s) and/or legal guardian(s) of the minor participant named below agree:

1. The parent(s) and/or legal guardian(s) will instruct the minor participant that prior to participating in the below dance activity or event, he or she should inspect the facilities and equipment to be used, and if he or she believes anything is unsafe, the participant should immediately advise the officials of such condition and refuse to participate. I understand and agreed that, if at any time, I feel anything to be UNSAFE, I will immediately take all precautions to avoid the unsafe area and REFUSE TO PARTICIPATE further.

2. I/WE fully understand and acknowledge that:

(a) There are risks and dangers associated with participation in Dance events and activities which could result in bodily injury partial and/or total disability, paralysis and death.

(b) The social and economic losses and/or damages, which could result from these risks and dangers described above, could be severe.

(c) These risks and dangers may be caused by the action, inaction or negligence of the participant or the action, inaction or negligence of others, including, but not limited to, the Releasees named below.

(d) There may be other risks not known to us or are not reasonably foreseeable at his time.

3. I/WE accept and assume such risks and responsibility for the losses and/or damages following such injury, disability, paralysis or death, however caused and whether caused in whole or in part by the negligence of the Releasees named below.

4. I/WE HEREBY RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the dance facility used by the participant, including its owners, managers, promoters, lessees of premises used to conduct the dance event or program, premises and event inspectors, underwriters, consultants and others who give recommendations, directions, or instructions to engage in risk evaluation or loss control activities regarding the dance facility or events held at such facility and each of them, their directors, officers, agents, employees, all for the purposes herein referred to as "Releasee"...FROM ALL LIABILITY TO THE UNDERSIGNED, my/our personal representatives, assigns, executors, heirs and next of kin FOR ANY AND ALL CLAIMS, DEMANDS, LOSSES OR DAMAGES AND ANY CLAIMS OR DEMANDS THEREFORE ON ACCOUNT OF ANY INJURY, INCLUDING BUT NOT LIMITED TO THE DEATH OF THE PARTICIPANT OR DAMAGE TO PROPERTY, ARISING OUT OF OR RELATING TO THE EVENT(S) CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE RELEASEE OR OTHERWISE.

5. I/WE HEREBY acknowledge that THE ACTIVITIES OF THE EVENT(S) ARE VERY DANGEROUS and involve the risk of serious injury and/or death and/or property damage. Each of THE UNDERSIGNED also expressly acknowledges that INJURIES RECEIVED MAY BE COMPOUNDED OR INCREASED BY NEGLIGENT RESCUE OPERATIONS OR PROCEDURES OF THE RELEASEES.

6. EACH OF THE UNDERSIGNED further expressly agrees that the foregoing release, waiver, and indemnity agreement is intended to be as broad and inclusive as is permitted by the law of the Province or State in which the event is conducted and that if any portion is held invalid, it is agreed that the balance shall, notwithstanding continue in full legal force and effect.

7. On behalf of the participant and individually, the undersigned partner(s) and/or legal guardian(s) for the minor participant executes this Waiver and Release. If, despite this release, the participant makes a claim against any of the Releasees, the parent(s) and/or legal guardian(s) will reimburse the Releasee for any money which they have paid to the participant, or on his behalf, and hold them harmless.

I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE, OR GUARANTEE BEING MADE TO ME AND INTEND MY SIGNATURE TO BE COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW. Dance School CREATIVE DANCE THEATRE _____

Signature (if minor) _____ Parent or Guardian

Signature (if minor) _____ Printed Name of

Participant _____ Address of Participant

_____ Received by
_____ Registrar

Signature Printed Name Member # Region on File Date